

# My Five Senses

## Wednesday

**Book:** The Little Red Hen by Philemon Sturges\*\*  
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### **Activity:**

Talk about the five senses - touch, taste, smell, hear and see. Ask the children what their favorite blanket feels like. What is their favorite thing to smell (Moms cooking, a candle, cookies, bath soap)? What is their favorite thing to taste? Is it sour, sweet, salty? What sounds can they hear outside? What kinds of things can they see when it's light outside or when it's dark outside?

Sing this song to the tune of "Where is Thumbkin" and point to the body parts that correspond to each sense.

*Five senses, five senses.  
We have them. We have them.  
Seeing, hearing, touching,  
Tasting and smelling.  
There are five. There are five.*

### **Spanish:**

Nose - la nariz

Mouth - la boca

Ears - las orejas

Eyes - los ojos

Hands - los manos

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## Friday

**Book:** Hear This!, Look Here!, Smell It!, Tastes Good!, and Touch That!  
All by Sally Hewitt \*\*

### **Activity:**

Set out different items that all have different textures and smells. Allow the children some time to feel and smell each item. You can also cover each item and have them guess what that item smells like then show them after they have each had a turn to guess.

Blow up a couple of balloons and let them toss them in the air. Encourage them to keep the balloons off the floor and into the air.

### **Spanish:**

Nose - la nariz

Mouth - la boca

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# My Five Senses

## Baa, Baa, Black Sheep

Baa, baa, black sheep,  
Have you any wool?  
Yes sir, yes sir,  
Three bags full.

One for my master,  
One for my dame,  
And one for the little boy  
Who lives down the lane.

Baa, baa, black sheep,  
Have you any wool?  
Yes sir, yes sir,  
Three bags full.

One for my master,  
One for my dame,  
And one for the little boy  
Who lives down the lane.

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## Wednesday Art

### *Making Bread/Rolls*

#### Directions:

Use supplies provided and make bread to go along with story.

## Friday Art

### *Finger Painting*

#### Ingredients:

Gallon size baggies

Tempura Paint (any color)

Clear packing tape

#### Directions:

Let the children pick a color of tempura paint and squeeze some into the baggie. Close the baggie leaving NO air in side and seal the baggie with clear packing tape. Afterwards, encourage the children to "finger paint" with their fingers. Remind them to use their fingers only, not a crayon, pen, pencil, or object of any kind.