

# Community Helpers

## Wednesday

**Book:** I am a Garbage Truck by Scholastic \*\*\*  
What Will I Be? By James Levin \*\*\*  
ABC of Jobs by Roger Priddy \*\*\*

### **Activity:**

Talk about Community Helpers and their contribution to our community. What kinds of people are community helpers – postal workers, policemen, firemen, doctors, chefs, dentists, sanitation workers, veterinarian, teachers, astronaut, barber/beautician, grocer, painter, plumber, etc. After mentioning and talking about the different community helpers, sing this song to reinforce the theme:

What is My Job?  
(Sung to: Are You Sleeping?)  
What is my job?  
What is my job?  
Can you guess?  
Can you guess?  
I help people get well.  
I help people get well.  
Who am I?  
Who am I?

Replace the middle section with: I deliver letters. I make tasty meals for you. I keep your pets healthy. I can teach you new things.

### **Spanish:**

Policeman – el policia

Astronauts – los astronautas

Vet – la veterinaria

Bus driver – el conductor de autobuses

Pilot – el piloto

Mailcarrier – el cartero

Doctor – la medica

Firefighter – el bomber

Dancer – la bailarina

Cook – el cocinero



# Community Helpers

## Friday

**Book:** Going to the Dentist by Usborne Scholastic \*\*\*  
Tonka – Building The New Road by Justine Korman \*\*\*

### **Activity:**

Continue talking about the different Community Helpers. Have many different items that community helpers might use (letter, stethoscope, Alphabet cards, shovel, stuffed animal, toothbrush, a grocery item, paintbrush, etc. Hold up each item and ask the children to identify which community helper(s) might use that particular item.

### Community Helpers

(Sung to: Rudolph the Red Nose Reindeer)

Mailmen deliver mail,  
Nurses help us when we're sick,  
Bankers deposit money,  
Farmers raise cows, goats and chicks.  
Doctors, teachers and police.  
We all need them so.  
Each does his important part  
Always on the go.  
Bus drivers, sales and firemen,  
Couldn't do without them too!  
Can't wait 'til you grow up, There's so many jobs for you!

### **Spanish:**

Policeman – el policia  
Astronauts – los astronautas  
Vet – la veterinaria  
Bus driver – el conductor de autobuses  
Pilot – el piloto

Mailcarrier – el cartero  
Doctor – la medica  
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# Community Helpers

## Jack and Jill

Jack and Jill went up the hill  
To fetch a pail of water  
Jack fell down and broke his crown  
And Jill came tumbling after

# Community Helpers

## **Wednesday Art**

### *Free-form Painting*

You will need:

- tempra paints
- toothbrushes
- toilet paper tubes
- sponges
- paper

Directions:

Give each child a piece of paper and an assortment of things to paint with – toothbrushes, toilet paper tubes, sponges, marshmallows, etc. Give them time to paint freely.

## **Friday Art**

### *Ice Cube Painting*

Things you will need:

- Tempra paints
- ice cube trays
- popsicle sticks
- paper

Directions:

In each ice cube tray squirt two different colors in each square. Place a popsicle stick in the paint and set in the freezer to freeze. After they are frozen, give each child a paint cube and let them “color” their paper as they desire.